



A sore arm beats a
stint in hospital –
or worse – any day.

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you from a few strains, but not all. It's not perfect, but it's the best that we have – and certainly more effective than those inessential oils.

Yet still anti-vaxxers argue that medicine is nothing but a conspiracy to make money. (God forbid they suspect that naturopaths

might have a vested interest in selling their oils.)

So just what does the government achieve by encouraging us all to get vaccinated?

Given it's free for those under five and over 65, plus a huge number in between, it's not the money.

In fact, at \$3 billion, flu

vaccines make up less than 0.3 per cent of worldwide sales for 'Big Pharma'. By comparison, cholesterol-lowering drugs earn 10 times that amount.

Beyond that, they have an extremely low net profit percentage, given that they are only good for one season and then get dumped. Talk about wastage.

Of course, I've learned long ago that I'll never convince any firm anti-vaxxer.

Like the flu itself, anti-vax conspiracies are ever-changing – there's always a new variant.

But we can protect ourselves from their poison by being armed with actual facts.